

# PRODUCT LIST

**EAST INDIA COMPANY LTD**

[WWW.EASTINDIA.CA](http://WWW.EASTINDIA.CA)

WWW.EASTINDIA.COMPANY.CA

## **SPICES**

ALL SPICE WHOLE/ POWDER

ANISE

BASIL

BAY LEAVES/POWDER

BISHOP SEEDS

BLACK PEPPERCORN

BLACK SALT POWDER

CAJUN SPICE

CARAWAY SEEDS

CARDAMOM – BLACK

CARDAMOM – DECORTICATED AND  
POWDER

CARDAMOM PODS GREEN – S/M/L/XL

CHIPOTLE SPICE

CINNAMON BARK

CINNAMON POWDER

CINNAMON ROUND- 3IN 6IN 12IN

CITRIC ACID/ LEMON POWDER

CLOVES WHOLE/ POWDER

CORIANDER WHOLE/POWDER

CUMIN – SEEDS/POWDER

CURRY LEAVES

CURRY POWDER – HOT/MILD

DILL WEED

FENNEL SEEDS/POWDER

FENUGREEK POWDER

GARAM MASALA

GARLIC FLAKES LARGE

GARLIC FLAKES MEDIUM

GARLIC FLAKES SMALL

GARLIC POWDER

GHOST CHILLIES/BHUT JALOKIA

GINGER DRY WHOLE/ POWDER

GREEN PEPPERCORN

HIMALAYAN ROCK SALT FINE GROUND

HIMALAYAN ROCK SALT MEDIUM

HOLY BASIL

HOT CHILLI FLAKES

HOT CHILLI WHOLE/POWDER

ITALIAN SEASONING

JERK SEASONING

KAFFIR LIME LEAVES

LEMON PEPPER

LEMONGRASS

MANGO POWDER

MARJORAM

MILD CHILLI WHOLE/POWDER

MINT DRY

MINT LEAVES

MONTRÉAL STEAK SPICE

MOUNTAIN ROCK SALT – LARGE  
CHUNKS

MSG

MUSTARD SEED/POWDER

NIGELLA SEEDS/ONION SEEDS

NUTMEG WHOLE/POWDER

ONION FLAKES

ONION FRIED

ONION POWDER

PAPADUMS/INDIAN CHIP

PARSLEY

PICKLING SPICE

POPPY SEEDS BLUE

POPPY SEEDS WHITE

RED CHILLI WHOLE

RED/PINK PEPPERCORN

ROSE SYRUP

ROSEMARY

SAFFRON – SPANISH

*1/2/5/10/20 GRAM*

SAFFRON POWDER – *10G GLASS JAR*

SAGE

SAVOURY

SEA SALT

STAR ANISE

SUMAC

TANDOORI MASALA

TARRAGON

THYME WHOLE/POWDER

TURMERIC WHOLE/ POWDER

WEST INDIAN CURRY POWDER

WHITE PEPPERCORN

## **RICE**

ARBORIO RICE (RISOTTO)

BASMATI RICE BROWN

BASMATI RICE LONG GRAIN

BASMATI RICE LOW GLYCEMIC INDEX/  
DIABETIC

FORBIDDEN RICE - BLACK (SUSHI)

STICKY RICE

WILD RICE

## **FOOD ESSENCE**

ALMOND

BIRYANI

COCONUT

MANGO

ROSE WATER

VANILLA

## **FOOD COLOUR**

GREEN

ORANGE

RED

YELLOW

\*SMALL AND LARGE SIZES AVAILABLE

## **CHILLI POWDER/ CURRY POWDER**

ALEPPO PEPPERS  
ANCHO CHILLI WHOLE  
CAYENNE PEPPER  
CHILLI - CURD (YOGHURT) DRY  
CURRY POWDER - MADRAS  
CURRY POWDER "BOLSTS" (HOT)  
GHOST CHILLIES/BHUT JALOKIA –  
OVER 1,000,000 SHU \*CAUTION\*  
HABANERO CHILLI WHOLE/POWDER  
HOT CHILLI FLAKES/POWDER/WHOLE  
KASHMIRI CHILLI POWDER/ WHOLE –  
MILD\*  
PAPRIKA - SMOKED  
PAPRIKA – SPANISH/HUNGARIAN

## **COCONUT**

POWDER  
SLICED  
GRATED UNSWEETENED  
GRATED SWEET  
RAINBOW COLOURED SWEET  
COCONUT MILK  
COCONUT CREAM  
COCONUT POWDER  
COCONUT FLAKES  
COCONUT FLOUR - ORGANIC  
COCONUT OIL – REGULAR/ORGANIC

## **DRIED FRUIT/FRUIT**

APRICOTS INDIAN –SUNDRIED  
APRICOTS PITTED  
BLUEBERRIES (DRIED)  
CHERRIES  
CRANBERRIES  
CURRENTS  
DATES  
GINGER SLICES SUGAR COATED  
GLAZED MIXED FRUIT  
GOLDEN BERRIES  
GUAVA JUICE 1 LITRE  
GUAVA PASTE  
LEMON JUICE  
MANGO JUICE – 1 LITRE  
MANGO POWDER  
MANGO PULP – ALPHONSO/KESAR  
MANGO SLICES DRY  
PAPAYA DRIED  
PINEAPPLE RINGS NATURAL *NO SUGAR*  
POMEGRANATE SEEDS  
PRUNES DRIED  
RAISINS – LARGE BLACK  
RAISINS GOLDEN S/XL  
RAISINS GREEN –INDIA  
SUGAR CANE SUGAR – RAW, NATURAL  
ALL SIZES  
TAMARIND  
TAMARIND – SUGAR COATED

## **LENTILS/SEEDS/FLOUR**

ADZUKI BEANS

AMARANTH FLOUR

BAKING POWDER

BARLEY WHOLE

BLACK EYE BEANS

BLACK TURTLE BEANS

BULGUR – TABOULEH

CARDAMOM SEEDS/PODS

CHIA SEEDS

CHICK PEAS IN WATER

CHICK PEAS SPLIT

CHICKPEAS 9MM/8MM/7MM

CORN DRY

COUSCOUS

COUSCOUS – ISRAELI

CRACKED WHEAT

FLATTENED RICE FLAKES

FLAX SEED WHOLE/POWDER

FENNEL – SUGAR COATED

GREEN GRAM

HEMP SEEDS/HEARTS

HORSE BEAN

HORSE GRAM

KIDNEY BEANS (DARK RED/LIGHT RED)

PEARL BARLEY

PEAS

PUFFED RICE

PUMPKIN SEEDS

QUINOA BLACK/RED – ORGANIC

QUINOA FLOUR – ORGANIC

QUINOA WHITE – ORGANIC

RED LENTIL

RICE FLOUR

ROASTED PEAS

SEMOLINA

SESAME SEEDS HULLED/NATURAL

SEVEN GRAIN FLOUR

SORGAM FLOUR

SOYA BEANS

SOYA CHUNKS

SPELT FLOUR/WHOLE

SPLIT BENGAL GRAM

SPLIT ROASTED CHICKPEAS

STEEL CUT OATS

SUNFLOWER SEEDS

SWEET CORN FLOUR

TAPIOCA SEEDS

WATER CHESTNUT FLOUR

WHOLE WHEAT

WHOLE WHEAT FLOUR/ ATTA

YEAST

YELLOW WHOLE PEAS

*\*All lentils typically available in the following varieties - whole with and without skin, and split with and without skin*

## **PASTES/SAUCES**

CHILLI GARLIC SAUCE  
CURRY PASTES – SEVERAL  
HOT AND SWEET SAUCE  
MANGO CHUTNEY  
PICKLED INDIAN VEGETABLES  
ROSE PASTE  
SWEET CHILLI SAUCE  
SAMBAL SAUCES  
NANDO'S BRAND PIRI- PIRI  
TOMATO  
TAHINI  
HAZELNUT/PISTACHIO SPREAD  
TAMARIND SAUCE

## **NUTS**

ALMOND POWDER  
ALMOND SLICES  
ALMOND SLIVERS  
ALMOND WHOLE  
ALMONDS BLANCHED  
CASHEWS – PIECES S/L  
CASHEWS RAW  
CASHEWS ROASTED/SALTED  
HAZELNUT  
PEANUTS PINK  
PEANUTS RED  
PEANUTS SKIN/LESS  
PECANS

PINE NUTS  
PISTACHIOS  
PUMPKIN SEEDS  
WALNUTS

## **OILS**

ALMOND OIL  
COCONUT OIL ORGANIC  
MUSTARD SEED OIL  
PURE DESI GHEE/CLARIFIED BUTTER  
SESAME OIL  
TRUFFLE – SALSA TARTUFATA  
TRUFFLE HONEY  
TRUFFLE OIL WHITE – 5%  
TRUFFLE PASTE BLACK/WHITE

\*All truffle products use 100% extra virgin olive oil and originate from Italy.